



**Exigo**<sup>®</sup>

SPORTS VILLAGE - 44501166 / 55156973

[WWW.SPORTSVILLAGEQATAR.COM](http://WWW.SPORTSVILLAGEQATAR.COM)

*There Are No Limits.*  
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# WELCOME TO EXIGO

Since 1995 Exigo has been at the forefront of fitness equipment manufacturing and have become a leading global manufacturer of functional & strength training equipment, as well as being a leading supplier of boxing equipment. We are extremely proud of our British heritage and commitment to excellence.

## STRENGTH | FUNCTIONAL | BOXING

Our extensive product range includes, strength, functional, elite performance and boxing equipment. Whether it's a full commercial gym fit-out or a one-off piece of equipment, we offer the complete end to end solution across design, manufacture and installation.

## CHOICE & FLEXIBILITY

We work in partnership with our customers to ensure that we give them exactly what they need. Helping them to personalise and customise products to suit their individual requirements. They tell us that the level of choice and flexibility we provide is 'unrivalled in the fitness industry'

## OPERATIONAL EXCELLENCE

We have the privilege of working with some of the leading international distributors of commercial fitness equipment as well as individual fitness facilities and gym operators – all are equally as important to us. They all value the exceptional quality of our products, our industry knowledge and experience and the friendly service they receive from every individual in our team.

## INNOVATIVE & FORWARD THINKING

We are led by a young and forward thinking management team that is constantly in touch with customers, the market, sports science and the community. Our culture of continuous improvement, innovation and learning permeates the entire organisation and means that we never stand still.

## OUR MISSION

We aim to provide a source of quality products and services that meets or exceeds your expectations. At Exigo, we value your custom.

You will find Exigo to be among the leading suppliers of products, product support and services available in the industry today, yet you will not find us the most expensive. More of what you want for much less than you would expect to pay.

## WE ARE COMMITTED TO:

- Operational excellence and superb product quality
- Manufacturing in the UK at our own facility
- Continuous improvement and product innovation
- Delivering superior levels of customer service
- Investing time, energy and resources in our business relationships
- Investing in training and development for our staff





**LIFETIME  
WARRANTY  
ON MAIN  
FRAME**

### ***MADE IN THE UK***

We are proud to manufacture from our wholly owned UK factory in Rochdale, Manchester.

We are recognised for our expertise, innovation, design and manufacturing of quality of strength, functional and boxing training equipment.

### ***INDUSTRY STANDARDS***

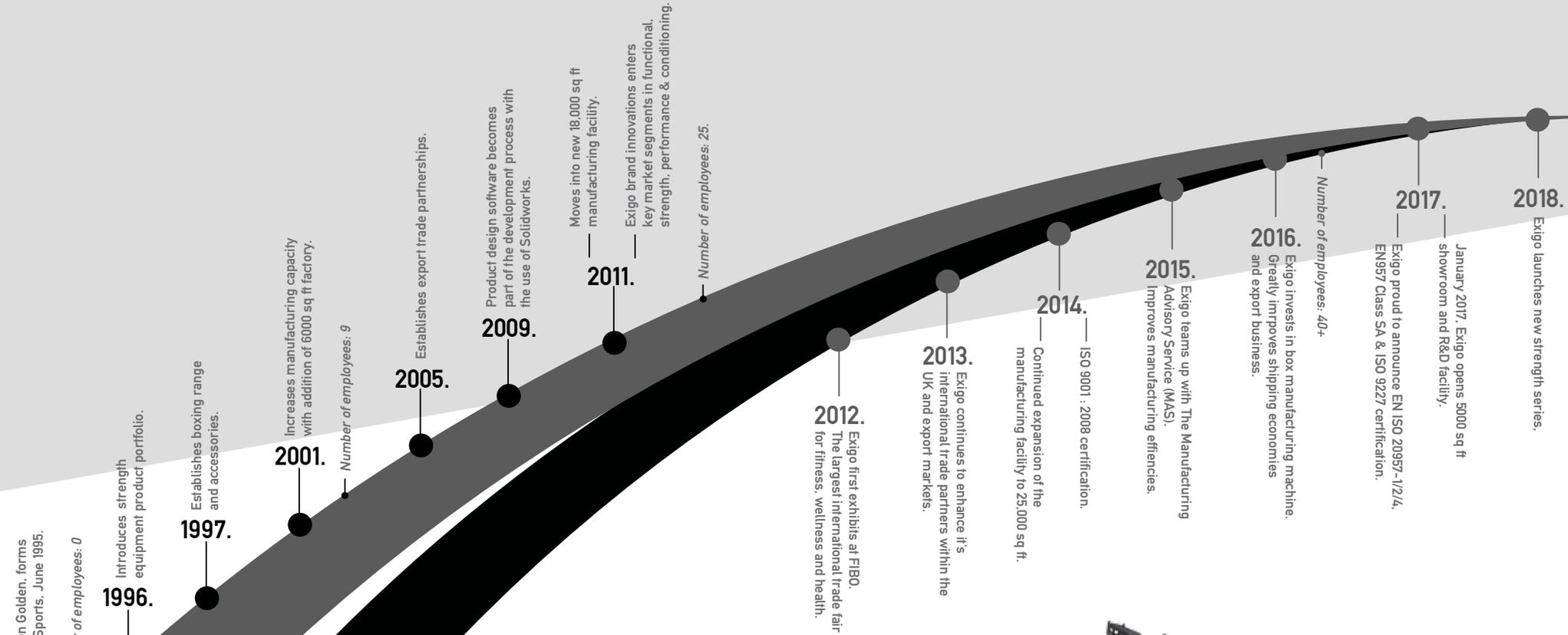
Exigo are certified - ISO 9001:2008, ISO 20957-1:2013, EN957-2:2003, EN957-4:2006+A1, ISO 9227:2012, the highest level of classification for commercial training facilities.

Exigo products follow EN 20957-1:2013 - Stationary training equipment. General safety requirements and test methods EN 957-2:2003 Stationary training equipment. Strength training equipment, additional specific safety requirements and test methods.



# OUR HISTORY.

A UK manufacturer with such a proud heritage.



# WORLDWIDE DISTRIBUTION.



We are extremely proud to be able to supply some of the leading International distributors of commercial gym and fitness equipment.

At Exigo, we pride ourselves on being at the forefront of development and distribution of commercial fitness products. Exigo has established a network of distribution throughout the world, in some 25 countries and we continue to recognise the ever changing and expanding marketplace.





**01 Selectorized // PG 8-9**

Exigo's selectorized machines combine attractive, innovative design with outstanding quality and performance.

**02 Plate Loaded // PG 10-11**

Renowned for our superior biomechanics, Exigo offers a huge range of unrivalled Plate Loaded equipment.

**03 Benches & Racks // PG 12-13**

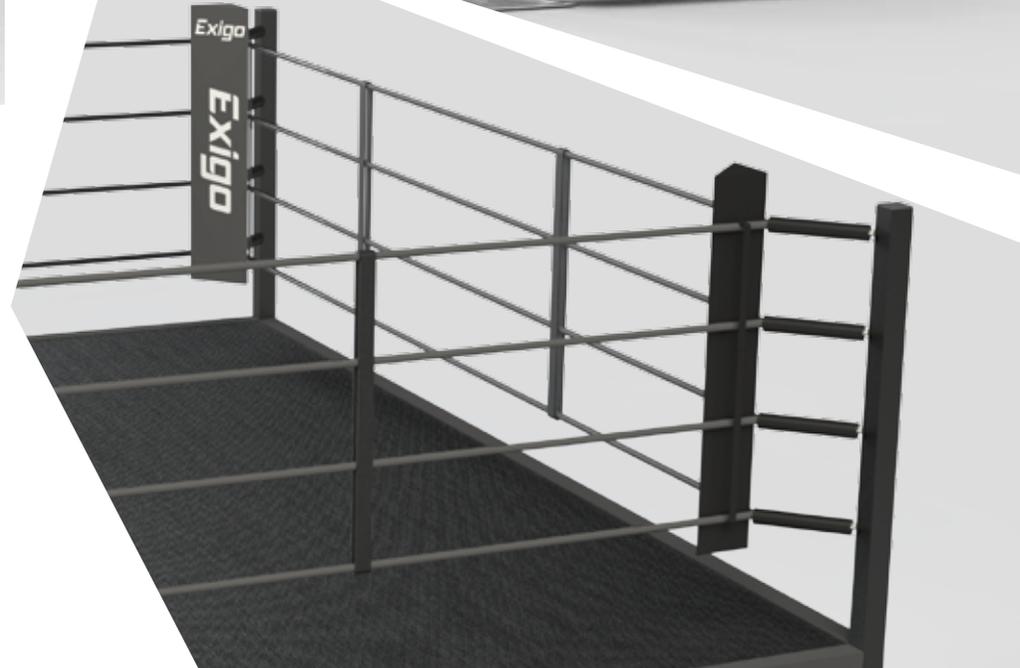
Combining stylish ergonomic designs with precision engineered components, our Benches & Racks feature appropriate support for comfortable and efficient workouts.

**04 Elite Racks & Lifting Platforms // PG 14-15**

Our state of the art Elite Olympic Racks and Lifting Platforms provide dedicated stations for Olympic weight lifting.

**05 Conditioning // PG 16-17**

An elite range of Conditioning equipment essential to developing a complete athlete.



**06 Functional Rigs // PG 18-19**

Space efficient, customizable functional training systems from Exigo offer performance, reliability and build quality to suit all budgets.

**07 Performance Rigs // PG 20-21**

Our Performance Rigs offer exceptional value for money, from free standing, squat series, wall series & compact wall designs.

**08 Storage Solutions // PG 22-23**

Designed for modern fitness facilities where the need to maximize space efficiently and offer storage functionality is a priority.

**09 Boxing // PG 24-25**

Exigo supplies boxing rings and equipment to some of the largest and most high profile brands, events and customers in the industry.

# SELECTORIZED.

Exigo's Selectorized machines combine attractive, innovative design with outstanding quality and performance.



## SELECTORIZED RANGE



|       |                           |       |                              |       |                                     |       |                            |       |                                |
|-------|---------------------------|-------|------------------------------|-------|-------------------------------------|-------|----------------------------|-------|--------------------------------|
| 1005. | CHEST PRESS               | 1010. | INCLINE CHEST PRESS          | 1015. | SHOULDER PRESS                      | 1020. | LATERAL RAISE              | 1025. | PECTORAL FLY                   |
| 1030. | PECTORAL FLY REAR DELTOID | 1035. | LATERAL PULLDOWN             | 1036. | DUAL CABLE LATERAL PULLDOWN         | 1040. | LATERAL PULLOVER           | 1045. | LATERAL LOW ROW                |
| 1050. | LATERAL SEATED ROW        | 1055. | LAT PULLDOWN / LOW ROW COMBO | 1060. | ASSISTED CHINNING / DIPPING STATION | 1065. | BICEP CURL                 | 1070. | TRICEP EXTENSION               |
| 1075. | TRICEP PRESS              | 1100. | LEG EXTENSION                | 1105. | SEATED LEG CURL                     | 1110. | LYING LEG CURL             | 1115. | LEG EXTENSION / LEG CURL COMBO |
| 1120. | STANDING LEG CURL         | 1125. | SEATED LEG PRESS             | 1130. | RECUMBENT LEG PRESS                 | 1135. | SEATED CALF RAISE          | 1140. | STANDING CALF RAISE            |
| 1145. | GLUTE MACHINE             | 1160. | HIP ADDUCTOR / ABDUCTOR      | 1165. | ROTARY HIP                          | 1200. | ABDOMINAL MACHINE          | 1205. | BACK EXTENSION                 |
| 1210. | BACK / ABDOMINAL COMBO    | 1215. | ABDOMINAL TWISTER            | 1220. | ADJUSTABLE CABLE CROSSOVER          | 1225. | ADJUSTABLE HIGH/LOW PULLEY | 1230. | DUAL ADJUSTABLE PULLEY         |
| 1235. | FUNCTIONAL TRAINER        | 1240. | 4 STATION JUNGLE GYM         | 1245. | 5 STATION JUNGLE GYM                | 1250. | 8 STATION JUNGLE GYM       |       |                                |



**01 Incremental Weights**  
All incremental weights are indicated in kg/lbs, while the magnetic weight pin ensures secure selection.

**02 Seat Assembly**  
Simple height adjustments, ensure correct and effective exercise posturing. Numeric indicators allow easy reference.

**03 Comfort Grip**  
38mm rubber ribbed handles provide comfort with capped anodised aluminium ends for protection.

**04 Solid Steel Weight Stack**  
Standard 100kg weight stack with optional 125/150kg upgrade, featuring standard rear shrouding and optional front shrouding.

**05 Exercise Placard**  
Easy to understand exercise placards featuring instructional diagrams, targeted muscle groups and QR code.

**06 Structural Frame**  
All main frames are constructed using 100x50x3 ERW flat sided oval, produced in the UK to BSEN 10305-3:2010 specification offering a lifetime main frame warranty.



**LIFETIME WARRANTY ON MAIN FRAME**



Complies with EN ISO 20957-1, EN 957-2

# PLATE LOADED.

Renowned for our superior biomechanics, Exigo offers a huge range of unrivalled Plate Loaded equipment.



## PLATE LOADED RANGE

|       |                            |       |                         |       |                     |       |                     |       |                                 |
|-------|----------------------------|-------|-------------------------|-------|---------------------|-------|---------------------|-------|---------------------------------|
| 3000. | CHEST PRESS                | 3005. | INCLINE CHEST PRESS     | 3010. | DECLINE CHEST PRESS | 3015. | FLAT CHEST PRESS    | 3020. | SHOULDER PRESS                  |
| 3025. | FRONT PIVOT SHOULDER PRESS | 3030. | LATERAL RAISE           | 3035. | LOW ROW             | 3040. | HIGH ROW            | 3045. | LATERAL PULLDOWN                |
| 3050. | T-BAR TOW CHEST SUPPORT    | 3055. | T-BAR ROW STANDING      | 3060. | PULLOVER            | 3065. | SEATED BICEP CURL   | 3070. | SEATED DIP                      |
| 3075. | 4 WAY NECK MACHINE         | 3080. | SEATED / STANDING SHRUG | 3085. | GRIPPER             | 3090. | SHRUG FRAME         | 3100. | LEG EXTENSION                   |
| 3110. | STANDING LEG CURL          | 3115. | LEG PRESS               | 3120. | POWER RUNNER        | 3125. | 45 DEGREE LEG PRESS | 3127. | DUAL 45 DEGREE LEG PRESS        |
| 3130. | 45 DEGREE HACK SQUAT       | 3135. | VERTICAL LEG PRESS      | 3140. | V SQUAT             | 3145. | SEATED CALF RAISE   | 3150. | DONKEY CALF RAISE               |
| 3155. | REVERSE HYPER EXTENSION    | 3160. | BODY DRIVE              | 3165. | SHRUG / DEAD LIFT   | 3170. | LUNGE               | 3175. | SMITH MACHINE (COUNTER BALANCE) |
| 3180. | SMITH MACHINE              |       |                         |       |                     |       |                     |       |                                 |



**01** Frame Finish

All machines go through a two stage cleaning and phosphate treatment process, then finished with a polyester powder coat finish to ensure the very best durability.

**02** Floor Fixing

All machines include hidden floor fixing points if floor fixing is required.

**03** Exercise Plaque

Easy to understand exercise placards featuring instructional diagrams, targeted muscle groups and QR code.

**04** Weight Storage Horns

Optional chrome weight plate storage horns with high impact ends are available to provide storage options.

**05** Smooth ISO Movements

ISO lateral technology allows users to move both limbs at the same time, or individually.

**06** Seat Assembly

Simple height adjustments, ensure correct and effective exercise posturing. Numeric indicators allow easy reference.



**LIFETIME WARRANTY ON MAIN FRAME**



# BENCHES & RACKS.

Combining stylish ergonomic designs with precision engineered components, our Benches & Racks feature appropriate support for comfortable and efficient workouts.



## OLYMPIC STATIONS / TRAINING STATIONS

|       |                              |       |                       |       |                          |       |                                |       |                              |
|-------|------------------------------|-------|-----------------------|-------|--------------------------|-------|--------------------------------|-------|------------------------------|
| 2000. | OLYMPIC FLAT BENCH           | 2005. | OLYMPIC INCLINE BENCH | 2010. | OLYMPIC DECLINE BENCH    | 2015. | OLYMPIC ADJUSTABLE MULTI BENCH | 2020. | OLYMPIC SHOULDER PRESS BENCH |
| 2025. | OLYMPIC MILITARY PRESS BENCH | 2030. | OLYMPIC SQUAT RACK    | 2040. | INDEPENDENT SQUAT STANDS | 2055. | OLYMPIC PRO POWER RACK         |       |                              |

|       |                            |       |                                   |       |                            |       |                              |       |                            |
|-------|----------------------------|-------|-----------------------------------|-------|----------------------------|-------|------------------------------|-------|----------------------------|
| 2300. | UPRIGHT UTILITY BENCH      | 2305. | FLAT BENCH                        | 2310. | ADJUSTABLE BENCH           | 2315. | ADJUSTABLE BENCH (SPOT FEET) | 2320. | ADJUSTABLE DECLINE BENCH   |
| 2325. | ADJUSTABLE PRONE ROW BENCH | 2335. | 45 DEGREE HYPER EXTENSION         | 2340. | GLUTE HAM DEVELOPER        | 2345. | DIPPING FRAME                | 2350. | WALL MOUNTED DIPPING FRAME |
| 2355. | SEATED PREACHER CURL BENCH | 2360. | STANDING PREACHER CURL BENCH      | 2365. | ADJUSTABLE ABDOMINAL BENCH | 2375. | ADJ ABDOMINAL LADDER BENCH   | 2380. | LEG RAISE / DIP STATION    |
| 2385. | CHIN DIP LEG RAISE STATION | 2390. | CHIN DIP LEG RAISE STATION (REAR) | 2395. | ABDOMINAL TWISTER          | 2400. | MULTI GRIP CHINNING BAR      | 2405. | SQUAT BOX                  |
| 2410. | POWER BLOCK (PAIR)         | 2415. | SISSY SQUAT                       | 2420. | HIP THRUST BENCH           |       |                              |       |                            |



01

**01 Ergonomic Design**  
Designed to set up the user correctly and provide optimum comfort when performing the exercise.

**02 Specialist Performance**  
A wide variety of specialist performance training stations are available.

**03 Easy Adjustments**  
Simple user adjustments ensures safe, correct and effective exercise posture.

**04 High Impact Plastic Mount**  
Integrated feet provide a secure stable base with hidden floor mounting points.

**05 Upholstery Pad**  
All upholstery is mounted on a 3mm steel base plate to ensure no damage to the material can occur.

**06 Weight Storage Horns**  
Optional chrome weight plate storage horns with high impact ends are available to provide storage options.

02

03

04

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06



**LIFETIME WARRANTY ON MAIN FRAME**



# ELITE RACKS & LIFTING PLATFORMS.

Our state of the art Elite Olympic Racks and Lifting Platforms provide dedicated stations for Olympic weight lifting. Our market leading range of Power Racks, Multi Racks and Half Racks can be customised and configured to suit your environment and specific needs.



## ELITE RACKS / LIFTING PLATFORMS

|       |                                  |       |                               |       |                                |       |                               |       |                                |
|-------|----------------------------------|-------|-------------------------------|-------|--------------------------------|-------|-------------------------------|-------|--------------------------------|
| 2115. | ELITE FREE STANDING SQUAT STANDS | 2500. | ELITE POWER RACK              | 2505. | ELITE MULTI RACK               | 2510. | ELITE HALF RACK               | 2515. | ELITE POWER + POWER COMBO RACK |
| 2520. | ELITE POWER + MULTI COMBO RACK   | 2525. | ELITE POWER + HALF COMBO RACK | 2530. | ELITE MULTI + MULTI COMBO RACK | 2535. | ELITE MULTI + HALF COMBO RACK | 2540. | ELITE HALF + HALF COMBO RACK   |

|       |                                |       |                                    |       |                                    |       |                                    |       |                                |
|-------|--------------------------------|-------|------------------------------------|-------|------------------------------------|-------|------------------------------------|-------|--------------------------------|
| 2250. | 3X2 MTR RUBBER PLATFORM 60MM   | 2255. | 3X2 MTR OAK PLATFORM 60MM          | 2256. | 3X2 MTR OAK PLATFORM 100MM         | 2260. | 3X3 MTR RUBBER PLATFORM 60MM       | 2265. | 3X3 MTR OAK PLATFORM 60MM      |
| 2281. | 2X1 X 30MM OAK INSERT          | 2282. | 2X1 X 40MM OAK INSERT              | 2283. | 2X1 X 56MM OAK INSERT              | 2284. | ELITE HALF RACK OAK INSERT COM     | 2286. | ELITE HALF RACK OAK INSERT STD |
| 2287. | PRO POWER RACK OAK INSERT COM  | 2288. | PRO POWER RACK OAK INSERT STD      | 2291. | ELITE POWER / MULTI OAK INSERT COM | 2292. | ELITE POWER + MULTI OAK INSERT STD | 2650. | ELITE HALF RACK OAK CENTER COM |
| 2655. | ELITE HALF RACK OAK CENTER STD | 2658. | ELITE POWER / MULTI OAK CENTER COM | 2659. | ELITE POWER / MULTI OAK CENTER STD | 2660. | PRO POWER RACK OAK CENTER COM      | 2665. | PRO POWER RACK OAK CENTER STD  |

**01 Rack Configuration**

All Exigo Elite racks are fully configurable and available in multi sided options to suit your specific training environment.

**02 Structural Frame**

All main frames are constructed using heavy gauge structural steel up to 5mm in wall thickness.

**03 Integrated Lifting Platforms**

Solid oak and rubber lifting platforms offer an integrated solution for all Exigo Elite Racks.

**04 Training Attachments**

A variety of optional attachments provide numerous configurable rack selections and exercise possibilities.

**05 Storage Options**

Selectable standard or bumper plate storage attachments provide safe and convenient solutions.

**06 Laser Cut**

All materials are cut using laser cutting technology and work to a tolerance of 0.1mm on all components.



# CONDITIONING.

Exigo isn't only a leading manufacturer of strength and functional equipment, we also manufacture an elite range of Conditioning equipment essential to developing a complete athlete.



## CONDITIONING RANGE

|          |                     |          |                            |          |                               |          |                        |          |              |
|----------|---------------------|----------|----------------------------|----------|-------------------------------|----------|------------------------|----------|--------------|
| CR-1000. | PORTABLE CORE PLATE | CR-1005. | DOUBLE PORTABLE CORE PLATE | CR-1010. | WALL / FLOOR MOUNT CORE PLATE | CR-1015. | SPEED SLED             | CR-1020. | FITNESS SLED |
| CR-1025. | DUAL FITNESS SLED   | CR-1030. | FITNESS SLED ATTACHMENT    | CR-1035. | FARMERS WALK (PAIR)           | CR-1040. | WALL MOUNTED ROPE PULL |          |              |



01

**01 Modern Aesthetics**

Flat sided oval steel and innovative design features offer a leading-edge, attractive appearance.

02

**02 Compact Designs**

Compact designs reduce floor space requirements, while offering easy storage and user friendly products.

03

**03 Chrome Wear Points**

Durable chrome plated wear resistant finish providing long lasting protection.

04

**04 Comfort Grip**

38mm rubber ribbed handles provide comfort with capped anodised aluminium ends for protection.

05

**05 Frame Finish**

All machines go through a two stage cleaning and phosphate treatment process, then finished with a polyester powder coat finish to ensure the very best durability. Optional galvanisation allows for outdoor use.



# FUNCTIONAL RIGS.

Exigo offers a comprehensive selection of functional training products. Standard or individual design specification will ensure we are able to offer a functional training rig to meet all your training needs. Space efficient, customizable functional training systems from Exigo offer performance, reliability and build quality to suit all budgets.



FREE STANDING

WALL MOUNTED

WALL MOUNTED COMPACT

CORNER

STORAGE

MULTIPLE AND BESPOKE CONFIGURATIONS AVAILABLE ON ALL OF THE ABOVE.



**01 Wall Mounted**

Creating a flexible and convenient full functional training solution without compromise, even with limited space.



**02 Training Attachments**

Our growing line of attachments provide numerous configurable selections and exercise possibilities.



**03 Storage Columns**

Our unique commercial grade triangular columns are precision engineered to accommodate endless functional accessories.



**04 Integrated Storage**

Create a functional storage solution specific to your requirements by integrating a variety of storage attachments.



**05 Free Standing**

A real benefit within any training environment creating the ideal functional playground without the need for permanent fixing.



**06 Individualised Design**

Our modular rigs allow you to create an individualised set up that can expand as your facility grows.



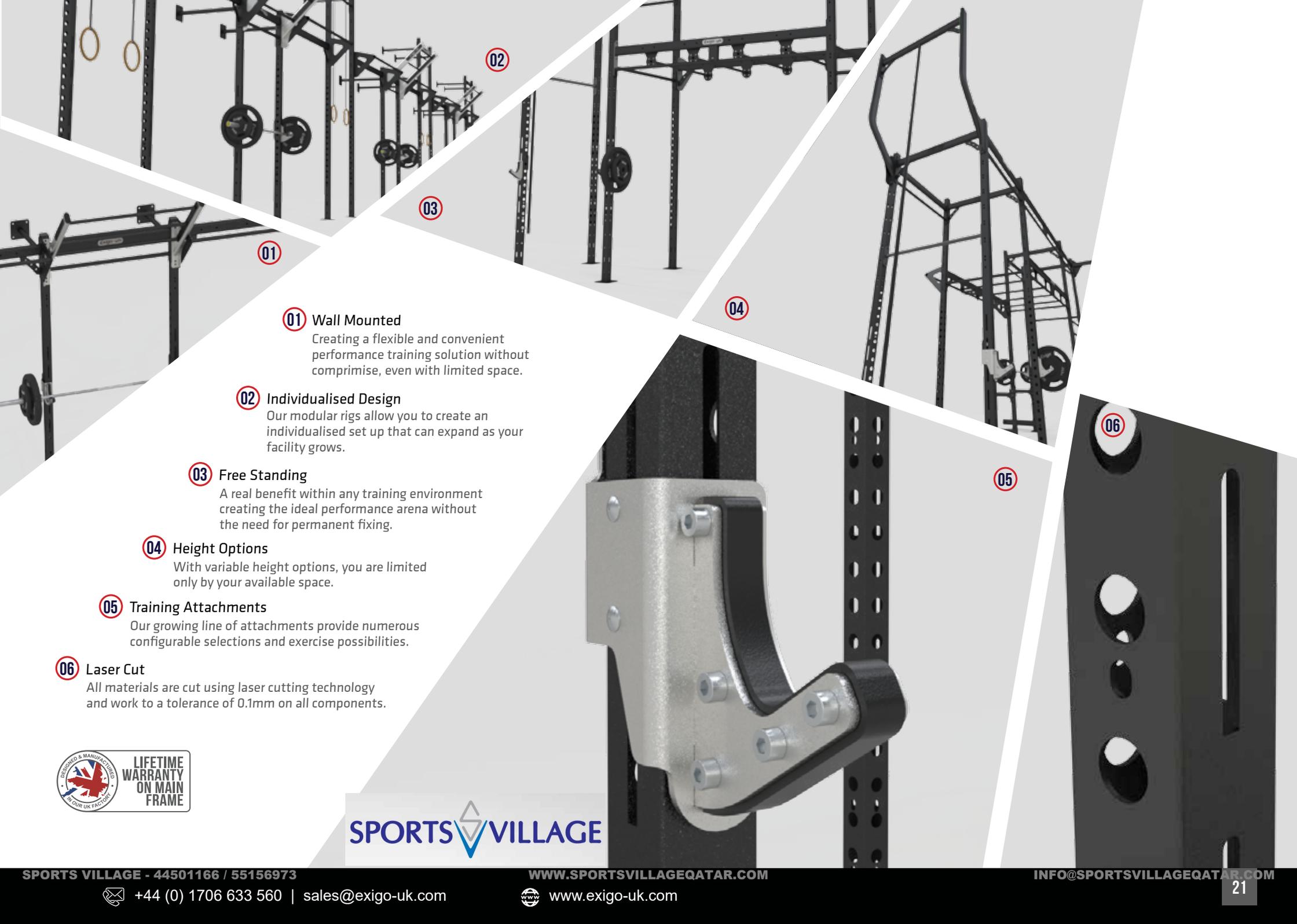
# PERFORMANCE RIGS.

Our Performance Rigs offer exceptional value for money, from free standing, squat series, wall series & compact wall designs. As with the Functional Series we have numerous functional training accessories that can be added to each individual station.



|               |              |                      |        |                     |
|---------------|--------------|----------------------|--------|---------------------|
| FREE STANDING | WALL MOUNTED | WALL MOUNTED COMPACT | CORNER | HEIGHT CONFIGURABLE |
|---------------|--------------|----------------------|--------|---------------------|

MULTIPLE AND BESPOKE CONFIGURATIONS AVAILABLE ON ALL OF THE ABOVE.



01

**01 Wall Mounted**

Creating a flexible and convenient performance training solution without compromise, even with limited space.

03

**02 Individualised Design**

Our modular rigs allow you to create an individualised set up that can expand as your facility grows.

03

**03 Free Standing**

A real benefit within any training environment creating the ideal performance arena without the need for permanent fixing.

04

**04 Height Options**

With variable height options, you are limited only by your available space.

05

**05 Training Attachments**

Our growing line of attachments provide numerous configurable selections and exercise possibilities.

06

**06 Laser Cut**

All materials are cut using laser cutting technology and work to a tolerance of 0.1mm on all components.



# STORAGE SOLUTIONS.

Exigo Storage Solutions are designed for modern fitness facilities and training environments where the need to maximize space efficiently and offer storage functionality is a priority.



FREE STANDING

WALL MOUNTED

WALL MOUNTED COMPACT

CORNER

MULTIPLE AND BESPOKE CONFIGURATIONS AVAILABLE ON ALL OF THE ABOVE.



# SPORTS VILLAGE

01

## 01 Wall Mounted

Take advantage of redundant space with a simple wall mounted storage solution.

03

## 02 Future Storage Adaptions

As your facility grows the requirements for storage options change. Our modular systems allow for endless configurations.

03

## 03 Free Standing

Without compromise, a total storage solution that can be placed in any location without the need for permanent fixing.

04

## 04 Space Saving

Effective storage solutions for an entire range of functional and training accessories with the need for only one bay.

05

## 05 Suitability

Accommodates all major brands of studio equipment and accessories including but not limited to TRX®, Bosu®, Vipr™, Reebok®, Jordan, Physical Company, BodyBar®, and Dynamax®.

06

## 06 Easy Configuration

Adjustable storage allows variability within every section, configure your system how you want it.



# BOXING.

Exigo supplies boxing rings and equipment to some of the largest and most high profile brands, events and customers in the industry. Exigo also offers an extensive range of boxing accessories including gloves, head and body protection, wall brackets, punch bags, speedballs and platforms.



|              |               |            |      |                          |
|--------------|---------------|------------|------|--------------------------|
| BOXING RINGS | BOXING GLOVES | PUNCH BAGS | PADS | ACCESSORIES & PROTECTION |
|--------------|---------------|------------|------|--------------------------|



02

03

01



04



**01 Accessories & Protection**  
Exigo offers an essential range of boxing accessories and protection.

**02 Pads**  
A variety of pads featuring wrist support and dome palm grip which supports natural hand alignment.

**03 Boxing Rings**  
Offering a range of boxing rings suitable for gyms of all sizes and levels. Including Floor Rings, Mounted Floor Rings, Training Rings, Competition Rings and AIBA Specification Tournament Rings.

**04 Punch Bags**  
A wide range of different styles and sizes, manufactured for commercial use to withstand the rigours of a busy facility.

**05 Boxing Gloves**  
A selection of professional leather gloves, suitable for training and competition use.

**06 Brackets & Bag Stands**  
A range of free standing and wall mounting options offering an effective range of commercial brackets and frames.



05



06



**LIFETIME WARRANTY ON MAIN FRAME**

# CUSTOMISATION.

Choose from a range of premium metallic, flat finish, or fine texture colours. Alternatively if you have a specific colour, Exigo can match almost any colour scheme.

## BRANDING OPTIONS

Why not customise your equipment with your club, gym or organisation logo?



## SECONDARY COLOUR

The secondary colour is for moving parts or joining sections of your machine. Our secondary colours offer a textured finish which we recommend for increased grip on bars and grip points. Choose from our range of premium flat or fine textured colours. Other colours available POA.



## PRIMARY COLOUR

The primary colour is the main frame of your machine. Choose from our range of premium flat or fine textured colours. Other colours available POA.

### METALLIC COLOURS



### FLAT FINISH COLOURS



### FINE TEXTURE FINISH COLOURS



### UPHOLSTERY OPTIONS



A wide range of optional frame and colour options are available.

Contact Exigo for more information.

Actual frame and upholstery colours may vary slight from visuals.

# CONCEPT DESIGN.



Here at Exigo we pride ourselves on being able to offer a unique and comprehensive facility design service. Help us understand your plans and we will guide you step by step through your gym design. We will help you achieve your business goals, meet your equipment and also budget requirements.



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